



Wound Care Following Surgery with Glue

What should I do?

-Keep the pressure bandage over the treated area for 48 hours and then remove.

*Unless otherwise instructed: _____.

-On the day you are instructed to remove your dressing, it is safe to shower. Just allow the soapy water to run over the wound gently. Do not rub or aggressively clean the glue as it may come off sooner than necessary.

- Do NOT apply any ointments over the glue, it should remain dry. You may cover with a dry bandage if you desire.

-For the first two days following surgery, you should take an over the counter pain reliever such as acetaminophen (Tylenol) or ibuprofen (Motrin, Advil) every 6 hours if you are in pain. Please contact the office if pain is not improved with above measures.

-The glue will take about 7-10 days to flake away. Massaging the area with some Vaseline or Aquaphor ointment can make the residual glue come off if desired.

Will I have Restrictions?

-Avoid bending, lifting, or any exercise that will increase your blood pressure or heart rate. These actions will increase the risk of dehiscence (wound spreading apart), delayed healing, infection, and poor scarring.

What should I expect?

-The suture line will develop a thin line of redness and may be tender for several days following surgery.

-It is common to develop swelling for 2-5 days following surgery. Swelling and bruising are especially common around the eyes as this skin may be looser than surrounding areas on the forehead, nose, and cheeks. This will improve on its own over time.

-The internal sutures are dissolvable and break down over a period of months. If your body doesn't break them down completely, sometimes it pushes them out through the skin. A "spitting suture" is common and generally self-resolves. If it bothers you, please contact the office.

-Sometimes sutured areas may begin to bleed 1-2 hours after the surgery. If this happens, hold continuous firm pressure with a paper towel or gauze to the wound for 20 minutes without peeking. If the bleeding continues, repeat holding pressure for a second 20-minute period.



When should I call you?

-If there is persistent bleeding after holding pressure for two twenty-minute sessions, then please call.

-If the wound develops a foul smell, becomes more painful after three days following surgery, starts to drain thick gray-yellow pus, or you develop fever or chills, please call.

-If you have any other questions or concerns, please call. We know this can be a scary and uncomfortable experience and we want to be there to support you.

Whom do I contact with questions?

-During office hours, Monday through Friday please call us at 215-999-7546

-For urgent matters during evenings, weekends, or other times that the office is not open, please call **Dr. Roman on his mobile phone at 484-483-5050 or NP Toni at 215-839-9804**

-For non-urgent matters, you may also reach us by e-mail at info@penndermspecialists.com